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Department of Behavioral Health Mental Health of Title 22 Chapter 63 Overview Training Core Service Requirements

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Comagine Health (CH), formerly Qualis Health and HealthInsight, is a national, nonprofit, health care consulting firm. We work collaboratively with patients, providers, payers and other stakeholders to reimagine, redesign and implement sustainable improvements in the health care system.

As a trusted neutral party, we work to address key complex health and health care delivery problems.

We conduct Utilization Reviews to determine if medical necessity is met.

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Objectives

1. To discuss DBH Chapter 63 regulations, specifically related to medical necessity requirements regarding:
    a. Core Service: Diagnostic Assessment and Plan of Care, Clinical Care Coordination, Crisis Intervention, SUD Counseling/Therapy

2. To demonstrate the correlation between Chapter 63 requirements and Comagine Health's Clinical Summary

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Training Day Overview

1. Introductions – 5 minutes
2. Diagnostic Assessment and Plan of Care - 15 minutes
3. Clinical Care Coordination & Crisis Intervention – 10 minutes
4. SUD Counseling/Therapy – 10 minutes
5. Clarification/Questions/Feedback – 15 minutes

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What is Chapter 63?

Chapter 63 is the Certification Standards for Substance Use Disorder Treatment and Recovery Providers of the District of Columbia Municipal Regulations ("DCMR").

Ch.63 serves as a guide for practice, clinical obligations, client rights, and Agency responsibilities.

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Core Service: Diagnostic Assessment & Plan of Care 6339

6339.1 - Diagnostic Assessment and Plan of Care services include two distinct actions: (1) the assessment and diagnosis of the client, and (2) the development of the Plan of Care. A Diagnostic Assessment and Plan of Care Service may be (1) Comprehensive or (2) Ongoing.

6339.3 - All assessment services must include a Plan of Care, including the development of or an update to a Plan of Care and necessary referrals. ***Updates to the Plan of Care shall occur, at a minimum:***

(d) Every ninety (90) days for clients in Level 3.1 or 3.3 programs;

(e) Every twenty-eight (28) days for clients in Level 3.5 programs;
(f) Every five (5) days for clients in Level 3.7 programs.

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LOC Service Requirements

	POC due minimally	Minimum Hourly Requirements	Clinician Availability
3.1	Every 90 days	5	On site or by phone 24/7
3.3	Every 90 days	20	On site or by phone 24/7
3.5	Every 28 days	25	On site or by phone 24/7
3.7	Every 5 days	24 hr. monitoring	A physician must be present 24/7; response time 1hr

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Clinical Care Coordination (CCC) 6340

- The CCC service adopts a “whole-person” approach to address the client’s needs related to physical health, behavioral health, and social determinants of health. CCC involves coordination of care between the behavioral health clinician and the clinical personnel of an external provider.

- CCC also includes treatment planning and plan of care implementation activities that are separate from the diagnostic assessment service, when the clinician and client are meeting face-to-face or through video-conference.

- Qualified Practitioners of CCC are:
  - Physicians, Psychologists, LICSWs, LGSWs, APRNs, RNs, LISWs, LPCs, LMFTs, and LPGC

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Crisis Intervention 6341

- Crisis Intervention is an immediate short-term treatment intervention, which assists a client to resolve an acute personal crisis that significantly jeopardizes the client's treatment, recovery progress, health, or safety.
  - Crisis Intervention does not necessarily lead to a change in LOC or a change to the Plan of Care; however, if a change is needed, this service may be followed by an **Ongoing Diagnostic Assessment.**

- Qualified Practitioners for Crisis Intervention are:
  - Physicians, Psychologists, LICSWs, LGSWs, APRNs, RNs, LISWs, LPCs, LGPCs, LMFTs, CACs I or II.

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SUD Counseling/Therapy for (Individuals) 6342

- 6342.3: **Individual** SUD Counseling/Therapy is a face-to-face service for symptom and behavior management, development, restoration, or enhancement of adaptive behaviors and skills, and enhancement or maintenance of daily living skills to facilitate long-term recovery.
  - Individual SUD Counseling/Therapy addresses the specific issues identified in the Plan of Care.

- Qualified Practitioners of **Individual** SUD Counseling/Therapy are:
  - Physicians, Psychologists, LICSWs, LGSWs, APRNs, RNs, LISWs, LPCs, LGPCs, LMFTs, CACs I or II.

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SUD Counseling/Therapy for (Groups) 6342

- 6342.9: **Group** SUD Counseling-Psychoeducation promotes help-seeking and supportive behaviors. This service assists with developing coping skills that support recovery and encourage problem-solving strategies for managing issues posed by SUDs, and presents structured, group specific content taught by a trained facilitator. Psychoeducational groups provide information designed to have a direct application to clients' lives that include but are not limited to developing self-awareness, suggesting options for growth and change, identifying community resources that can assist clients in recovery, developing an understanding of the process of recovery, and encouraging clients to take action on their own behalf toward recovery.

- Qualified Practitioners for Group SUD Counseling/Therapy are:
  - Physicians, Psychologists, LICSWs, LGSWs, APRNs, RNs, LISWs, LPCs, LGPCs, LMFTs, CACs I or II.

SUD Counseling/Therapy for (Groups) 6342

6342.10: Group **Counseling-Psychoeducation** requires the following:

- The subject of the counseling must be relevant to the client's needs as identified in his or her Plan of Care;
- This service must include facilitated group discussion of the relevant topic or topics;
- An encounter note for each participant shall be completed, which includes the client's response to the group; and
- A maximum of thirty (30) clients may participate in a single session.

6342.7: The following provisions apply to **Group SUD** Counseling:

- Group SUD Counseling/Therapy addresses specific issues identified in the Plan of Care;
- The focus of the group SUD Counseling/Therapy session shall be driven by the participants;
- A maximum of fifteen (15) individuals may participate in a single group SUD counseling/therapy session;

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Who To Call ?

Comagine Health DC Office:

Main # 1-800-251-8890

- If there are errors messages with the Qualis Health Provider Portal (QHPP)
- Request to create a new member in the QHPP
- Questions regarding Medical Necessity Denial or general questions
- QHPP error message issues

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CONTACTS

Review Questions:

- **Lead Clinical Reviewer –** Devon Davis, 1-800-949-7536, ext. 2990 or devond@comagine.org
- **Clinical Reviewer –** Ben Ryden, bryden@comagine.org
- **Escalated questions or concerns - QA/UR Manager** Folasade Akinkuowo (800) 949-7536, ext. 2995 or fakinkuowo@comagine.org

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References

1. Department of Behavioral Health (DBH) Proposed Rulemaking Chapter 63

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Thank you for your time, attention, & participation today!

Questions/Comments/Concerns/Barriers?