



**Do you
have
Medicare?**

**Have You
had your
Free Annual
Wellness Visit?**

The Medicare Annual Wellness Visit is Free to You!

What is an Annual Wellness Visit?

The Annual Wellness Visit (AWV) is an important benefit designed to promote health and focus on early disease detection and prevention.

- NOT a physical exam, but a one-on-one discussion with your health care team about your health history, your goals and any concerns you may have
- An opportunity to reflect back over the year and create a wellness plan moving forward
- A free service* to maximize your wellness, so you can keep doing what you love to do

Why Should I have an AWV?

Preventive care helps you manage your present and future health. The AWV is an opportunity to consider issues that may not be covered in a typical appointment. Your health care provider is a partner in your wellness, and the AWV is their time each year to focus exclusively on you.

There is no co-pay or deductible!*

**You must have had Medicare Part B coverage for more than 12 months, and not had a Medicare Initial Physical Exam or Annual Wellness Visit within the last year. If other services are provided or lab work is ordered during the visit, those will be billed at the normal rate. Your AWV is still free.*

What will be Discussed During my AWV?

- Your current medical conditions, health status, risk factors and personal health goals
- A complete medication review to identify any potential adverse drug events
- Medical, family, social and physical activity history
- Age and gender appropriate screenings
- A review of your immunization schedule
- Other Medicare-covered preventive services to make sure you get access to the care you need

You and your health care provider will create a personalized wellness plan to keep you healthy in the coming year!

What Should I Bring to my AWV?

When you make your appointment, your provider may ask you to bring:

- Names of all of your health care providers
- A list of all medications, including vitamins and supplements
- Your immunization records, including flu or pneumonia shots
- Advance directives or living will, if you have them

**Schedule Your
Annual Wellness Visit Today!**

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