Alaska TEFRA Case Examples

Nursing Facility – Skilled Care

Condition is unstable
- Intensive therapy services 5 times a week as directed
- Feeding tube
- Vent or trach care
- Medications delivered via IV or feeding tube, or requiring close observation and judgment (chemotherapy)
- Combination of conditions/factors

Example (Skilled Care):
10-year-old with severe cardiac compromise requiring surgical intervention

**Skilled Needs**

Assessment:
- Trained and knowledgeable regarding changes in clinical condition and necessary intervention

Interventions:
- Parents monitor cardiovascular system changes
- Oxygen therapy
- Medication management requiring clinic judgment
- Parents perform home exercise program (HEP) 3 times a week
- Requires assistance with most activities of daily living (ADLs)

Nursing Facility – Intermediate Care

Patient is more stable, and the focus is on maintenance therapy
- Periods of instability
- Maintenance medication management
- Therapy services to prevent progressive disabilities

Example (Intermediate Care):
One year later — 10-year-old with severe cardiac compromise surgical intervention completed

**Intermediate Care Needs**
- Maintenance/preventative therapy services
- Off oxygen but limited respiratory capacity
- Remains on potent cardiovascular medications
- Physical therapy/occupational therapy twice weekly
- Child learning self-care
- Clinical status stabilized due to knowledge increase of parents
Inpatient Psychiatric Hospital (IPH)

Meeting the Criteria

Criteria 1 (must include documentation)
• Mental illness/severe emotional disturbance diagnosed by psychiatrist/mental health clinician
• Has persisted six months
• Expected to persist for a year or longer

Criteria 2 (must include documentation)
• Must have at least one of following mental health symptoms:
  • Psychotic symptoms
  • Suicidal behavior within 90 days prior to date of application
  • Significant suicidal thoughts within 30 days prior to date of application
  • Violent behavior within 30 days prior to date of application

Criteria 3–6 should be addressed in the supporting documentation

Example:
• 12-year-old female with schizophrenia for two years; under the care of psychiatrist
• Documented regular patterns of violent behavior requiring police intervention
• Functional impairments in all areas
• Interventions:
  • Safety needs
  • Mental health wrap-around services five times a week
  • Medication management
  • IEP to address school/behavioral needs