

Alaska TEFRA Case Examples

Nursing Facility – Skilled Care

Condition is unstable

- Intensive therapy services 5 times a week as directed
- Feeding tube
- Vent or trach care
- Medications delivered via IV or feeding tube, or requiring close observation and judgment (chemotherapy)
- Combination of conditions/factors

Example (Skilled Care):

10-year-old with severe cardiac compromise requiring surgical intervention

Skilled Needs

Assessment:

- Trained and knowledgeable regarding changes in clinical condition and necessary intervention

Interventions:

- Parents monitor cardiovascular system changes
- Oxygen therapy
- Medication management requiring clinic judgment
- Parents perform home exercise program (HEP) 3 times a week
- Requires assistance with most activities of daily living (ADLs)

Nursing Facility – Intermediate Care

Patient is more stable, and the focus is on maintenance therapy

- Periods of instability
- Maintenance medication management
- Therapy services to prevent progressive disabilities

Example (Intermediate Care):

One year later — 10-year-old with severe cardiac compromise surgical intervention completed

Intermediate Care Needs

- Maintenance/preventative therapy services
 - Off oxygen but limited respiratory capacity
 - Remains on potent cardiovascular medications
 - Physical therapy/occupational therapy twice weekly
 - Child learning self-care
 - Clinical status stabilized due to knowledge increase of parents

Inpatient Psychiatric Hospital (IPH)

Meeting the Criteria

Criteria 1 (must include documentation)

- Mental illness/severe emotional disturbance diagnosed by psychiatrist/mental health clinician
- Has persisted six months
- Expected to persist for a year or longer

Criteria 2 (must include documentation)

- Must have at least one of following mental health symptoms:
 - Psychotic symptoms
 - Suicidal behavior within 90 days prior to date of application
 - Significant suicidal thoughts within 30 days prior to date of application
 - Violent behavior within 30 days prior to date of application

Criteria 3–6 should be addressed in the supporting documentation

Example:

- 12-year-old female with schizophrenia for two years; under the care of psychiatrist
- Documented regular patterns of violent behavior requiring police intervention
- Functional impairments in all areas
- Interventions:
 - Safety needs
 - Mental health wrap-around services five times a week
 - Medication management
 - IEP to address school/behavioral needs