

Hand Hygiene Observation Tool

Staff Name: _____ Observer: _____ Date: _____

Use an Alcohol-Based Hand Rub	Yes	No	F/U action if needed	Notes
Used proper technique* (see next page)				
Before touching a resident				
Before performing an aseptic task				
Before handling invasive medical devices				
Before moving from a soiled body site to a clean body site				
After touching a resident or their belongings				
After contact with blood, body fluids or contaminated surfaces				
Immediately after glove removal				
Wash with Soap and Water	Yes	No	F/U action if needed	Notes
Used proper technique* (see next page)				
When hands are visibly soiled				
After caring for a person with known or suspected infectious diarrhea				
After known or suspected exposure to spores (e.g. B. anthracis, C. difficile outbreaks)				
Glove Use	Yes	No	F/U action if needed	Notes
ABHR used prior to donning gloves and before touching the resident				
Gloves changed and appropriate hand hygiene performed when needed * (see next page)				
Gloves are changed between care of more than one resident				
Gloves carefully removed to prevent hand contamination				
ABHR used immediately after removing gloves				

Alcohol-Based Hand Rub Technique

1. Apply the gel product to the palm of one hand.
2. Rub hands together.
3. Rub the gel over all the surfaces of hands and fingers until hands are dry. This should take about 20 seconds.

Hand Wash with Soap and Water Technique

1. Wet hands with clean, running water (warm or cold), turn off the tap and apply soap.
2. Lather the back of the hands, between fingers and under nails.
3. Scrub your hands for at least 20 seconds.
4. Rinse hands well under clean, running water.
5. Dry hands using a clean towel or air dry them.

Glove Use

Wear gloves, according to Standard Precautions, when it can be reasonably expected that contact with blood or other potentially infectious materials, mucous membranes, non-intact skin, potentially contaminated skin or contaminated equipment could occur.

- Gloves are not a substitute for hand hygiene.
- Change gloves and perform hand hygiene during patient care if*:
 - Gloves become damaged
 - Gloves become visibly soiled with blood or body fluids following a task
 - Moving from work on a soiled body site to a clean body site on the same patient or if another clinical indication for hand hygiene occurs
- Never wear the same pair of gloves in the care of more than one patient.
- Carefully remove gloves to prevent hand contamination.

Content based on CDC Hand Hygiene in the Healthcare Settings (<https://www.cdc.gov/handhygiene/providers/index.html>)

This material was prepared by Comagine Health, the Medicare Quality Innovation Network-Quality Improvement Organization for Idaho, Nevada, New Mexico, Oregon, Utah and Washington, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. 12SOW-T1-20-QIN-061