Network 16
Alaska, Idaho, Montana, Oregon, Washington
Tel (206) 923-0714
Comagine.org/ESRD

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ESRD Network 16
VR Resource List

State VR Offices
Under the Workforce Innovations and Opportunity Act (WIOA), as of 2016, state VR agencies now collaborate with those with disabilities to develop an individual plan for employment (IPE), provide employment, education, training and/or support for clients. The rehabilitation agencies also prepare them to find and keep a job with competitive wages (at least minimum wage), where those with and without disabilities interact doing their jobs and have the same advancement chances.

<table>
<thead>
<tr>
<th>State</th>
<th>Contact Numbers</th>
<th>Website</th>
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<tbody>
<tr>
<td>Alaska</td>
<td>800-478-2815 / 907-465-2814</td>
<td><a href="http://www.labor.state.ak.us/dvr/">http://www.labor.state.ak.us/dvr/</a></td>
</tr>
<tr>
<td>Idaho</td>
<td>208-334-3390</td>
<td><a href="http://www.vr.idaho.gov/">http://www.vr.idaho.gov/</a></td>
</tr>
<tr>
<td>Oregon</td>
<td>503-945-5600</td>
<td><a href="http://www.oregon.gov/DHS/vr/">http://www.oregon.gov/DHS/vr/</a></td>
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<tr>
<td>Washington</td>
<td>800-637-5627 / 360-725-3636</td>
<td><a href="http://www.dshs.wa.gov/dvr/">http://www.dshs.wa.gov/dvr/</a></td>
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Provider Resources

**Building Quality of Life: A Practical Guide to Renal Rehabilitation**
A guide to help dialysis facilities incorporate rehabilitation into facility dialysis activities

**Council of Nephrology Social Workers (CNSW) Insurance Toolkit**
Insurance information related to transplant, Veteran’s Administration (VA) benefits, Consolidated Omnibus Budget Reconciliation Act (COBRA), coordination of benefits, and Medicare Part D, plus a list of helpful terms related to commercial insurance and ESRD and the Affordable Care Act (ACA)

**Cornell University: Institute on Employment and Disability (EDI)**
A leading resource on employment and disability information for businesses, lawmakers, federal and state agencies, educational institutions, unions, and service providers.

**Disability Evaluation under Social Security**
A guide for physicians and health professionals that explains Social Security’s disability programs, how each works, and what a health professional can provide to help ensure sound and prompt determinations and decisions on disability claims; includes in the listing of impairments genitourinary impairments (Section 6.00 for adults; Section 106.00 for children)

**Red Book**
A summary guide to employment support for individuals on Social Security Disability Insurance (SSDI) and Supplemental Social Security Income (SSI) programs

**Unit Self-Assessment Tool for Renal Rehabilitation (USAT)**
A 100-item, self-scored checklist that provides a user-friendly, practical, framework to help renal professionals assess rehabilitation programming in dialysis units
Your Ticket to Work (TTW)
An educational and resource website containing information about the various aspects of the TTW program

Patient Resources

Ask JAN (Job Accommodation Network)
Free, expert, and confidential guidance on workplace accommodations and disability employment issues which helps improve the employability of people with disabilities and shows employers how people with disabilities add value to the workplace

CareerOneStop
The site offers free tools to help job seekers (including those with disabilities), students, businesses, and career advisors; sponsored by the Department of Labor (DOL)

Choose Work
Maximus, a Social Security contractor for the TTW program, runs this website to provide information and work incentive seminar events (WISE) webinars, dispels myths, shares success stories, and has a helpline (866-968-7842 or 866-833-2967 TTY)

Dialysis Facility Compare
A Social Security website that lists dialysis facilities by area and allows patients to identify facilities that operate evening shifts or offer home treatment options

Home Dialysis Central
Provides information about home treatment modalities to suit individual schedule needs and enhance the quality of life

Insurance Options for People on Dialysis or with a Kidney Transplant
A National Kidney Foundation resource for patients

My Life, My Dialysis Choice
Tool to help people with kidney disease choose a dialysis treatment that fits their lifestyle and values

Working While Disabled: How We Can Help
Booklet explains the basics of working while on SSDI or SSI

Working with Chronic Kidney Disease
Booklet for people with kidney disease that reviews how to keep a job, prepare for and find a new job, plus laws and resources

The Work Site
Social Security explains TTW and provides contact information for the following partner agencies: Work Incentive Planning Assistance (WIPA) agencies, VR agencies, employment networks (EN), and protection and advocacy agencies